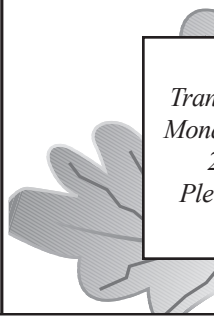


Sterling Glen of Roslyn

SUN	MON	TUE	WED
	<p>LABOR DAY 1</p> <p>10:00 Walking Club (meet in lobby)</p> <p>11:00 Activity Planning Meeting (AR)</p> <p>12:30 Strength Training (FR)</p> <p>1:30 This is Opera (MR)</p> <p>3:00 T'ai Chi with Ed (FR)</p> <p>4:00 Concert, "Sweet Surrender"</p> <p>5:00 Labor Day BBQ</p> <p>7:30 Bridge/Mah Jongg (CR)</p> <p>8:00 Biography (MR)</p>	<p>10:00 Walking Club (meet in lobby) 2</p> <p>10:00 Bank Trip (Meet in Lobby)</p> <p>10:15 Stretch & Shine with Denise (AR)</p> <p>11:00 Bible Study with Muriel (CR)</p> <p>11:15 Creative Crafts with Denise (A&C)</p> <p>1:00 Yoga with Adrienne (AR)</p> <p>2:00 Bridge Club (CR)</p> <p>2:00 Word Power with Denise (L)</p> <p>3:00 Supervised Fitness (FR)</p> <p>4:00 Walking Club (meet in lobby)</p> <p>4:00 Cocktail Hour (LC)</p> <p>8:00 Movie Musicals (MR)</p>	<p>10:00 Walking Club</p> <p>10:15 Stretch & Shine</p> <p>11:30 Trip: Harvest</p> <p>1:00 Movie Musical</p> <p>1:15 Trivial Pursuit</p> <p>2:00 Hook & Needle</p> <p>3:00 Strength Training</p> <p>4:00 Musical Mem</p> <p>4:00 Walking Club</p> <p>7:30 Canasta & Bi</p> <p>8:00 Midweek Mo</p>
<p>GRANDPARENTS DAY 7</p> <p>10:00 Walking Club (meet in lobby)</p> <p>10:30 Church Transportation</p> <p>11:00 Yiddish Vinkel (MR)</p> <p>1:00 Sunday Crossword (L)</p> <p>1:30 Canasta (CR)</p> <p>2:00 Sunday Sundaes (LC)</p> <p>3:00 Concert, Karkowska Sisters (LR)</p> <p>4:00 Scrabble (CR)</p> <p>4:00 Walking Club (meet in lobby)</p> <p>8:00 Foreign Film Night (MR)</p>	<p>10:00 Walking Club (meet in lobby) 8</p> <p>10:00 Computer Clinic with Conrad (L)</p> <p>10:30 News & Views with Rhoda (MR)</p> <p>12:30 Strength Training (FR)</p> <p>1:30 This is Opera (MR)</p> <p>2:30 Drawing Class with Anthony (A&C)</p> <p>3:00 T'ai Chi with Ed (FR)</p> <p>4:00 Walking Club (meet in lobby)</p> <p>7:30 Bridge/Mah Jongg (CR)</p> <p>8:00 Biography (MR)</p>	<p>10:00 Walking Club (meet in lobby) 9</p> <p>10:00 Bank Trip (Meet in Lobby)</p> <p>10:15 Stretch & Shine with Denise (AR)</p> <p>11:00 Bible Study with Muriel (CR)</p> <p>1:00 Yoga with Adrienne (AR)</p> <p>2:00 Bridge Club (CR)</p> <p>2:00 Word Power (L)</p> <p>3:00 Supervised Fitness (FR)</p> <p>4:00 Walking Club (meet in lobby)</p> <p>4:00 Cocktail Hour (LC)</p> <p>8:00 Movie Musicals (MR)</p>	<p>10:00 Walking Club (m</p> <p>10:15 Stretch & Shine w</p> <p>10:30 Joys of Shakespe</p> <p>12:00 Resident Amba</p> <p>1:00 Movie Musical M</p> <p>1:15 Trivial Pursuit w</p> <p>2:00 Hook & Needle</p> <p>3:00 Strength Training</p> <p>4:00 Walking Club (n</p> <p>6:00 Trip to "Yiddish</p> <p>7:30 Canasta & Billia</p> <p>8:00 Midweek Movie</p>
<p>10:00 Walking Club (meet in lobby)</p> <p>10:30 Church Transportation</p> <p>11:00 Yiddish Vinkel (MR)</p> <p>12:30 Trip: Antiques Show</p> <p>1:00 Sunday Crossword (L)</p> <p>1:30 Canasta (CR)</p> <p>2:00 Sunday Sundaes (LC)</p> <p>3:00 Concert, Jim Papa (AR)</p> <p>4:00 Scrabble (CR)</p> <p>4:00 Walking Club (meet in lobby)</p> <p>8:00 Foreign Film Night (MR)</p>	<p>10:00 Walking Club (meet in lobby) 14</p> <p>10:00 Computer Clinic with Conrad (L)</p> <p>11:00 Yiddish 101 with Ruth (CR)</p> <p>12:30 Strength Training (FR)</p> <p>1:30 This is Opera (MR)</p> <p>2:30 Drawing Class with Anthony (A&C)</p> <p>3:00 T'ai Chi with Ed (FR)</p> <p>4:00 Walking Club (meet in lobby)</p> <p>7:30 Bridge/Mah Jongg (CR)</p> <p>8:00 Biography (MR)</p>	<p>10:00 Walking Club (meet in lobby) 15</p> <p>10:00 Bank Trip (Meet in Lobby)</p> <p>10:15 Stretch & Shine with Denise (AR)</p> <p>11:00 Bible Study with Muriel (CR)</p> <p>11:15 Creative Crafts with Denise (A&C)</p> <p>1:00 Resident Council Meeting (AR)</p> <p>2:00 Bridge Club (CR)</p> <p>2:00 Word Power with Denise (L)</p> <p>3:00 Supervised Fitness (FR)</p> <p>4:00 Walking Club (meet in lobby)</p> <p>4:00 Cocktail Hour (LC)</p> <p>8:00 Movie Musicals (MR)</p>	<p>10:00 Walking Club (m</p> <p>10:15 Stretch & Shine</p> <p>10:00 Trip to Yankee S</p> <p>1:00 Movie Musical</p> <p>1:15 Trivial Pursuit w</p> <p>2:00 Hook & Needle</p> <p>3:00 Strength Training</p> <p>4:00 Musical Memor</p> <p>4:00 Walking Club (r</p> <p>7:30 Canasta & Billia</p> <p>8:00 Midweek Movie</p>
<p>10:00 Walking Club (meet in lobby) 21</p> <p>10:30 Church Transportation</p> <p>11:00 Yiddish Vinkel (MR)</p> <p>1:00 Sunday Crossword (L)</p> <p>1:00 Theater Trip: "1776"</p> <p>1:30 Canasta (CR)</p> <p>2:00 Sunday Sundaes (LC)</p> <p>3:00 Concert, BilLee T & Marcia (AR)</p> <p>4:00 Scrabble (CR)</p> <p>4:00 Walking Club (meet in lobby)</p> <p>8:00 Foreign Film Night (MR)</p>	<p>10:00 Walking Club (meet in lobby) 22</p> <p>10:00 Computer Clinic with Conrad (L)</p> <p>10:30 News & Views with Rhoda (MR)</p> <p>12:00 Roslyn Red Hatters Lunch (LC)</p> <p>12:30 Strength Training (FR)</p> <p>1:30 AAUW Archaeology Lecture (AR)</p> <p>2:30 Drawing Class with Anthony (A&C)</p> <p>3:00 T'ai Chi with Ed (FR)</p> <p>4:00 Walking Club (meet in lobby)</p> <p>7:30 Bridge/Mah Jongg (CR)</p> <p>8:00 Biography (MR)</p>	<p>10:00 Walking Club (meet in lobby) 23</p> <p>10:00 Bank Trip (meet in lobby)</p> <p>10:00 Trip to Tanger Outlets</p> <p>10:15 Stretch & Shine with Denise (AR)</p> <p>11:00 Bible Study with Muriel (CR)</p> <p>11:15 Creative Crafts with Denise (A&C)</p> <p>1:00 Yoga with Adrienne (AR)</p> <p>2:00 Bridge Club (CR)</p> <p>2:00 Word Power with Denise (L)</p> <p>3:00 Supervised Fitness (FR)</p> <p>4:00 Walking Club (meet in lobby)</p> <p>4:00 Cocktail Hour (LC)</p> <p>8:00 Movie Musicals (MR)</p>	<p>10:00 Walking Club (me</p> <p>10:15 Stretch & Shine w</p> <p>10:30 Joys of Shakespea</p> <p>1:00 Movie Musical M</p> <p>1:15 Trivial Pursuit w</p> <p>2:00 Hook & Needle C</p> <p>3:00 Strength Training</p> <p>4:00 Musical Memories</p> <p>4:00 Walking Club (me</p> <p>6:30 Trip to Landmark</p> <p>"Evening in the C</p> <p>7:30 Canasta & Billiard</p> <p>8:00 Roslyn Landmark</p>
<p>10:00 Walking Club (meet in lobby) 28</p> <p>10:30 Church Transportation</p> <p>11:00 Yiddish Vinkel (MR)</p> <p>1:00 Sunday Crossword (L)</p> <p>1:30 Canasta (CR)</p> <p>2:00 Sunday Sundaes (LC)</p> <p>3:00 Concert, Sonny & Perley (LR)</p> <p>4:00 Scrabble (CR)</p> <p>4:00 Walking Club (meet in lobby)</p> <p>8:00 Foreign Film Night (MR)</p>	<p>10:00 Walking Club (meet in lobby) 29</p> <p>10:00 Computer Clinic with Conrad (L)</p> <p>11:00 Yiddish 101 with Ruth (CR)</p> <p>12:30 Strength Training (FR)</p> <p>1:30 This is Opera (MR)</p> <p>2:30 Drawing Class with Anthony (A&C)</p> <p>3:00 T'ai Chi with Ed (FR)</p> <p>4:00 Walking Club (meet in lobby)</p> <p>7:30 Bridge/Mah Jongg (CR)</p> <p>8:00 Biography (MR)</p>	<p>ROSH HASHONE 30</p> <p>10:00 Walking Club (meet in lobby)</p> <p>10:00 Bank Trip (Meet in Lobby)</p> <p>10:15 Stretch & Shine with Denise (AR)</p> <p>11:00 Bible Study with Muriel (CR)</p> <p>11:15 Creative Crafts with Denise (A&C)</p> <p>2:00 Rosh Hashone Services (AR)</p> <p>2:00 Word Power with Denise (L)</p> <p>3:00 Supervised Fitness (FR)</p> <p>4:00 Walking Club (meet in lobby)</p> <p>4:00 Cocktail Hour (LC)</p> <p>8:00 Movie Musicals (MR)</p>	<p>10:00 Walking Club (me</p> <p>10:15 Stretch & Shine w</p> <p>10:30 Joys of Shakespea</p> <p>1:00 Movie Musical M</p> <p>1:15 Trivial Pursuit w</p> <p>2:00 Hook & Needle C</p> <p>3:00 Strength Training</p> <p>4:00 Musical Memories</p> <p>4:00 Walking Club (me</p> <p>6:30 Trip to Landmark</p> <p>"Evening in the C</p> <p>7:30 Canasta & Billiard</p> <p>8:00 Roslyn Landmark</p>



September 2008

WED	THU	FRI	SAT
<p>(meet in lobby) 3 dine with Denise (AR) Buffet al Matinee (MR) t with Denise (CR) lle Club (LR) ning (FR) ories (LR) (meet in lobby) lliards (CR/BR) vie (MR)</p>	<p>10:00 Walking Club (meet in lobby) 4 10:15 Stretch & Shine with Denise (AR) 11:00 Trip: Old Bethpage Village 11:15 Scrabble (CR) 1:15 Word Power with Denise (L) 1:30 Book Club (LR) 2:30 Midweek Movie Matinee (MR) 3:00 Supervised Fitness (FR) 3:00 Writers Workshop (L) 4:00 Walking Club (meet in lobby) 4:00 Cocktail Hour (LC) 7:00 L.I. Darfur Action Group 7:30 Poker Night (CR)</p>	<p>10:00 Walking Club (meet in lobby) 5 10:15 Stretch & Shine with Denise (AR) 11:00 Painting Class with Anthony (A&C) 11:15 Board Games (CR) 11:15 Life in Transition Group (LR) 1:00 Trip to Wheatley Plaza 1:15 Word Power with Denise (L) 2:00 Bridge Class with Hal (CR) 3:00 Strength Training (FR) 3:45 Shabbat Chat (AR) 4:00 Shabbat Candlelighting (AR) 4:00 Walking Club (meet in lobby) 8:00 Comedy Night at the Movies (MR)</p>	<p>9:00 Synagogue Transportation 6 10:00 Walking Club (meet in lobby) 10:00 Trip to CVS/Waldbaums 10:15 Stretch & Shine with Denise (AR) 11:00 Comedy Movie Replay (MR) 11:15 Bingo (CR) 1:00 Movie Matinee/Shopping Trip 1:00 Family Friendly Movie (MR) 1:30 Creative Crafts with Denise (A&C) 2:00 Open House: Queens Community for Cultural Judaism (AR) 2:30 Men's Club (BR) 4:00 Walking Club (meet in lobby) 4:00 Cocktail Hour (LC) 8:00 Saturday Night at the Movies (MR)</p>
<p>(meet in lobby) 10 with Denise (AR) care (MR) Sadior Luncheon Matinee (MR) with Denise (CR) Club (LR) g (FR) (meet in lobby) fest" at Bar Beach rds (CR/BR) (MR)</p>	<p>10:00 Walking Club (meet in lobby) 11 10:15 Stretch & Shine with Denise (AR) 11:00 Travel Club (MR) 11:15 Scrabble (CR) 1:15 Word Power with Denise (L) 1:30 AAUW Lecture: The Beatles (AR) 1:30 Book Club (LR) 2:30 Midweek Movie Matinee (MR) 3:00 Supervised Fitness (FR) 4:00 Walking Club (meet in lobby) 4:00 Cocktail Hour (LC) 7:30 Poker Night (CR) 8:00 Concert: Angela Palumbo (LR)</p>	<p>10:00 Walking Club (meet in lobby) 12 10:15 Stretch & Shine with Denise (AR) 11:00 Painting Class with Anthony (A&C) 11:15 Board Games (CR) 11:15 Life in Transition Group (LR) 1:00 Trip to Wheatley Plaza 1:15 Word Power with Denise (L) 2:00 Bridge Class with Hal (CR) 3:00 Strength Training (FR) 3:45 Shabbat Chat (AR) 4:00 Shabbat Candlelighting (AR) 4:00 Walking Club (meet in lobby) 8:00 Comedy Night at the Movies (MR)</p>	<p>9:00 Synagogue Transportation 13 10:00 Walking Club (meet in lobby) 10:00 Trip to CVS/Waldbaums 10:15 Stretch & Shine with Denise (AR) 11:00 Comedy Movie Replay (MR) 11:15 Bingo (CR) 1:00 Movie Matinee/Shopping Trip 1:00 Family Friendly Movie (MR) 1:30 Creative Crafts with Denise (A&C) 2:30 Men's Club (BR) 4:00 Walking Club (meet in lobby) 4:00 Cocktail Hour (LC) 8:00 Saturday Night at the Movies (MR)</p>
<p>(meet in lobby) 17 with Denise (AR) Stadium Matinee (MR) with Denise (CR) Club (LR) g (FR) ies (LR) (meet in lobby) rds (CR/BR) e (MR)</p>	<p>10:00 Walking Club (meet in lobby) 18 10:15 Stretch & Shine with Denise (AR) 11:00 Food Committee Meeting (AR) 11:15 Scrabble (CR) 1:00 New Resident Orientation (MR) 1:15 Word Power with Denise (L) 1:30 Book Club (LR) 2:30 Midweek Movie Matinee (MR) 3:00 Supervised Fitness (FR) 3:00 Writers Workshop (L) 4:00 Walking Club (meet in lobby) 4:00 Cocktail Hour (LC) 7:30 Poker Night (CR) 8:00 Concert: Flo Michaels (AR)</p>	<p>10:00 Walking Club (meet in lobby) 19 10:15 Stretch & Shine with Denise (AR) 11:00 Painting Class with Anthony (A&C) 11:15 Board Games (CR) 11:15 Life in Transition Group (LR) 1:00 Trip to Wheatley Plaza 1:15 Word Power with Denise (L) 2:00 Bridge Class with Hal (CR) 3:00 Strength Training (FR) 3:45 Shabbat Chat (AR) 4:00 Shabbat Candlelighting (AR) 4:00 Walking Club (meet in lobby) 8:00 Comedy Night at the Movies (MR)</p>	<p>9:00 Synagogue Transportation 20 10:00 Walking Club (meet in lobby) 10:00 Trip to CVS/Waldbaums 10:15 Stretch & Shine with Denise (AR) 11:00 Comedy Movie Replay (MR) 11:15 Bingo (CR) 1:00 Movie Matinee/Shopping Trip 1:00 Family Friendly Movie (MR) 1:30 Creative Crafts with Denise (A&C) 2:30 Men's Club (BR) 4:00 Walking Club (meet in lobby) 4:00 Cocktail Hour (LC) 8:00 Saturday Night at the Movies (MR)</p>
<p>(et in lobby) 24 with Denise (AR) re (MR) atinee (MR) h Denise (CR) ub (LR) (FR) s (LR) et in lobby) Theater: "atskills" s (CR/BR) Society</p>	<p>10:00 Walking Club (meet in lobby) 25 10:15 Stretch & Shine with Denise (AR) 11:00 Lecture: CHF & EECF (AR) 11:15 Scrabble (CR) 1:15 Word Power with Denise (L) 1:30 Book Club (LR) 2:30 Midweek Movie Matinee (MR) 3:00 Supervised Fitness (FR) 4:00 Walking Club (meet in lobby) 4:00 Cocktail Hour (LC) 7:30 Poker Night (CR) 8:00 Concert: Lou Paoli (AR)</p>	<p>10:00 Walking Club (meet in lobby) 26 10:15 Stretch & Shine with Denise (AR) 11:00 Painting Class with Anthony (A&C) 11:15 Board Games (CR) 11:15 Life in Transition Group (LR) 1:00 Trip to Wheatley Plaza 1:15 Word Power with Denise (L) 2:00 Bridge Class with Hal (CR) 3:00 Strength Training (FR) 3:45 Shabbat Chat (AR) 4:00 Shabbat Candlelighting (AR) 4:00 Walking Club (meet in lobby) 8:00 Comedy Night at the Movies (MR)</p>	<p>9:00 Synagogue Transportation 27 10:00 Walking Club (meet in lobby) 10:00 Trip to CVS/Waldbaums 10:15 Stretch & Shine with Denise (AR) 11:00 Comedy Movie Replay (MR) 11:15 Bingo (CR) 1:00 Movie Matinee/Shopping Trip 1:00 Family Friendly Movie (MR) 1:30 Creative Crafts with Denise (A&C) 2:30 Men's Club (BR) 4:00 Walking Club (meet in lobby) 4:00 Cocktail Hour (LC) 8:00 Saturday Night at the Movies (MR)</p>

APPOINTMENTS

Transportation to appointments is available
 day through Friday, 9:00 am – 4:00 pm.
 24 hours advance notice is required.
 Please schedule all appointments through
 the concierge.

Location Key

Arts and Crafts Room	A&C	Library.....	L
Activity Room.....	AR	Lighthouse Café.....	LC
Billiard Room.....	BR	Living Room.....	LR
Captain's Quarters.....	CQ	Media Room.....	MR
Card Room.....	CR	Veranda	V
Fitness Room	FR		